# KP Athletics Summer Vault Series 2022

# Coach Kevin Patterson

### Come Learn Like Previous Vaulters:

NAIA WHAC Champions

NAIA All American 15 All Americans Girls Indoor State Champion '04, 09, 10,13,19

Boys & Girls Indoor State Champion 2013

Division 1 Girls State Champion '02, 04, 05, 08, 09,10 Division 1 Girls State Runner Up '02,'04,06,08,09,18 Division 2 Girls State Champion 2005, '06, '11, '12,18,19

Division 2 Girls State Runner Up 2011, 2012,17

Division 1 Boys State Champion 2003, 2015

Regional Champions '02,03,04, 05, 06, 07, 08,09,10

OK Red Conference Champions
Grand Haven Beach Vault Champions

Two 15'3" Boys Vaulters 13'1" Girls All Time MI State Record Holder 2010 20 Area School Records

# Starting Sunday June 12th, 2022 until Sunday August 10th.

### Twice per week: \$25

Wednesday Nights 6:00-8:00p.m.Sunday Nights 6:00-8:00p.m.\*\*

Once per Week: \$200.00

## Location:

Rockford High School 4100 Kroes Rd Rockford, MI 49341

# **Techniques**

- Safety
- Proper Pole Selection
- Approach
- Plant Emphasis
- · Swing Drills
- "A" Drills
- #1 Drills
- Sliding Boxes
- Bunge Swings
- Competition
- Films
- 130 + Poles
- And More

# Application: Name Circle BoyGirl *Age\_\_\_\_ Grade\_\_\_\_* Street Address *City\_\_\_\_\_* Zip Code\_\_\_\_\_ *Home Phone:*\_\_\_\_\_ Email: School Personal Best Height Cost:

Twice per week:

\$295

Wednesday Nights 6:00 - 8:00p.m. Sunday Nights 6:00 - 8:00p.m.

Once per Week: \$200.00

Grand Total Due

Payable To: KP Athletics VenMo: KP Athletics

Mail To: Kevin M. Patterson

2900 14 Mile Rd NE *Sparta, MI 49345* 616.560.7204 kpatter341@aol.com

### Parental Consent/Participation Waiver:

I understand that competing in a track & field event such as polevaulting can be a potentially dangerous activity resulting in serious injury, paralysis, and even death. I verify that I am physically fit, and have had a physical exam in the last year. I assume all risks associated with

competing in this event, including, but not limited to, falls, contact with participants, and all risks being known and appreciated by me. Having read this waiver, I, for myself and anyone entitled to act on my behalf, waive, release, and hold harmless, Rockford Public Schools, Kevin Patterson, KP Athletics, LLC and/or his employees from any and all claims arising out of my participation in this Vault Series. I grant permission for emergency medical treatment for my son/daughter by competent medical personnel. I also hereby grant permission to use any photography and videotape of related camp activities for sale, advertising, or educational video materials.

Date:

\*Must be signed and dated before you can participate. Single Parent/Guardian Signature assumes consent by both Parents/Guardians.

> If you have no poles, one will be provided for you.