

KP Athletics

Summer Vault Series

2015

Coach Kevin Patterson

Location :
Rockford HS

4100 Kroes Rd.
Rockford, MI 49341

Come Learn Like Previous Vaulters:

NAIA WHAC Champions
NAIA All American 10 All Americans
Girls Indoor State Champion '04, 09, 10,13
Boys & Girls Indoor State Champion 2013
Division 1 Girls State Champion '02 , 04, 05, 08, 09,10
Division 1 Girls State Runner Up '02,'04,06,08,09.
Division 2 Girls State Champion 2005, '06, '11, '12
Division 2 Girls State Runner Up 2011, 2012
Division 1 Boys State Champion 2003
Regional Champions '02,03,04, 05, 06, 07, 08,09,10
OK Red Conference Champions
Grand Haven Beach Vault Champions

Two 15'3" Boys Vaulters
13'1" Girls All Time MI State Record Holder 2010
12'6" Girls Summer 2010
Two H.S. Girls over 12'0" 2009, 2012
Eight Area School Records

Starting June 14th until August 9th, 2015

Twice per week: \$199

Wednesday Nights 6:00 – 8:00p.m.

Sunday Nights 6:00 – 8:00p.m.

Deadline: Saturday, May 31st 2015

Techniques

- Safety
- Proper Pole Selection
- Approach
- Plant Emphasis
- Swing Drills
- "A" Drills
- #1 Drills
- Sliding Boxes
- Bunge Swings
- Competition
- Films
- 2 Pits
- 130 + Poles
- And More,,,,

Application:

Name _____

Circle Boy Girl

Age ____ Grade ____ T-shirt Size (Adult) ____

Street Address _____

City _____

Zip Code _____

Home Phone: _____

Email: _____

School _____

Personal Best Height _____

Cost:

Clinic twice per week \$199.00

Deadline: Saturday, May 30th, 2015
(After May 30th, \$25.00 late fee)

Grand Total Due _____

Payable To: KP Athletics
Mail To: Kevin M. Patterson
62 Chelsea Ct.
Rockford, MI 49341
616.560.7204
kpatter341@aol.com

Parental Consent/Participation

Waiver:

I understand that competing in a track & field event such as polevaulting can be a potentially dangerous activity resulting in serious injury, paralysis, and even death. I verify that I am physically fit, and have had a physical exam in the last year. I assume all risks associated with competing in this event, including, but not limited to, falls, contact with other participants, and all risks being known and appreciated by me. Having read this waiver, I, for myself and anyone entitled to act on my behalf, waive, release, and hold harmless, Rockford High School, Kevin Patterson, KP Athletics, LLC and/or his employees from any and all claims arising out of my participation in this Vault Series. I grant permission for emergency medical treatment for my son/daughter by competent medical personnel. I also hereby grant permission to use any photography and videotape of related camp activities for sale, advertising, or educational video materials.

Parent/Guardian Signature

Date: _____

***Must be signed and dated before you can participate. Single Parent/Guardian Signature assumes consent by both Parents/Guardians.**

If you have no poles, one will be provided for you.